2022 Total Rewards.

Supporting Employees At Every Stage of Their Career.

Top 3 Benefits

Ages 18-24







40% Mental health and wellness benefits



39% 401(k)

matching

Key Takeaway

- Rank remote work, retirement saving, PTO and insurance lower than all other age groups.
- · Value mental health benefits more than any other group

Key Takeaway

- · Value parental leave more than any other age group
- Increased value placed on retirement planning and contributions from the previous generation

Top 3 Benefits

Ages 25-34



Insurance



56%

401(k) matching



50%

Remote work opportunities

Top 3 Benefits

Ages 35-44



74%

Insurance



70%

401(k) matching



53%

Employer retirement contributions

Key Takeaway

- · Less emphasis on traditional office benefits like free meal/food stipends
- Place more weight on financial wellness benefits, especially retirement contributions, compared to younger generations

45 Key Takeaway

- Only cohort to prioritize a benefit more than insurance
- Ranked 401(k) matching the highest of all age groups

Top 3 Benefits

Ages 45-54



401(k) matching



70% Insurance



58%

Employer retirement contributions

Top 3 Benefits Ages 54+

Insurance





68%

401(k)

matching



Employer

retirement

contributions

Key Takeaway

- Value both remote work and commuter benefits for flexible work options
- Continued education is still valuable